

EGYPT TOUR



SECRETS OF THE
PHARAOHS

THE MYSTICAL ENERGY
OF THE DESERT

BEACH
MAGIC

SANCTUARY
VISITS/VOLUN-
TEERING

SACRED
GEOMETRY

DANCE & ARTS OF THE
ANCIENTS



ABOUT THE TOUR



Egypt has long had an intriguing allure, drawing people from all over the world. With its history, culture, culinary arts, religion, and varied geography, Egypt leaves an indelible mark on anyone who is fortunate enough to visit this magnificent place.

Egyptian history dates back thousands of years, and is one of the greatest contributors to human civilization, but Egypt is much more than its pyramids and monuments. Egyptian mystics were said to have originated the study of sacred geometry, which reminds us of our relationship to universal energy. Egypt has also produced the study of biogeometry, which organizes all energies at the center of life to interact harmoniously, producing powerful life-affirming effects. We can see this in the architecture that abounds throughout.

In this tour you will discover the sacred geometry of Egyptian architecture, the healing arts of the Desert, dances and ancient arts by the Red Sea, and you will meet and interact with the animals in sanctuaries. You'll explore ancient temples, bathe in crystalline salt waters, eat luscious fruits and Egyptian vegan cuisine, and dance your way through it all.



DAY 01

Arrive in Egypt



Cairo, pronounced Al-Qahirah, meaning the victorious, is the capital of Egypt. A city built around the Nile River, it is one of the biggest cities in the continent of Africa. A city with 9.5 million people, Cairo is diverse and bustling.

After arriving at Cairo International Airport, your Tour Coordinator will meet you and transport you to your hotel in a private air-conditioned vehicle.

En route, you will have a brief introduction to Egypt and your memorable tour. There will then be an opening circle, followed by yoga, meditation, and sound healing.



DAY 02

Explore ancient Egypt all in one day. Take in the Giza Pyramids of Cheops, Chephren and Mykreinus and the Sphinx before visiting the Egyptian Museum with the largest collection of Egyptian antiquities in the world.



In the morning, your private tour guide will pick you up from your hotel and take you to the Giza Pyramids

Pyramids of Giza: Three 4th-dynasty pyramids erected on a rocky plateau on the west bank of the Nile River. In ancient times they were among the Seven Wonders of the World.

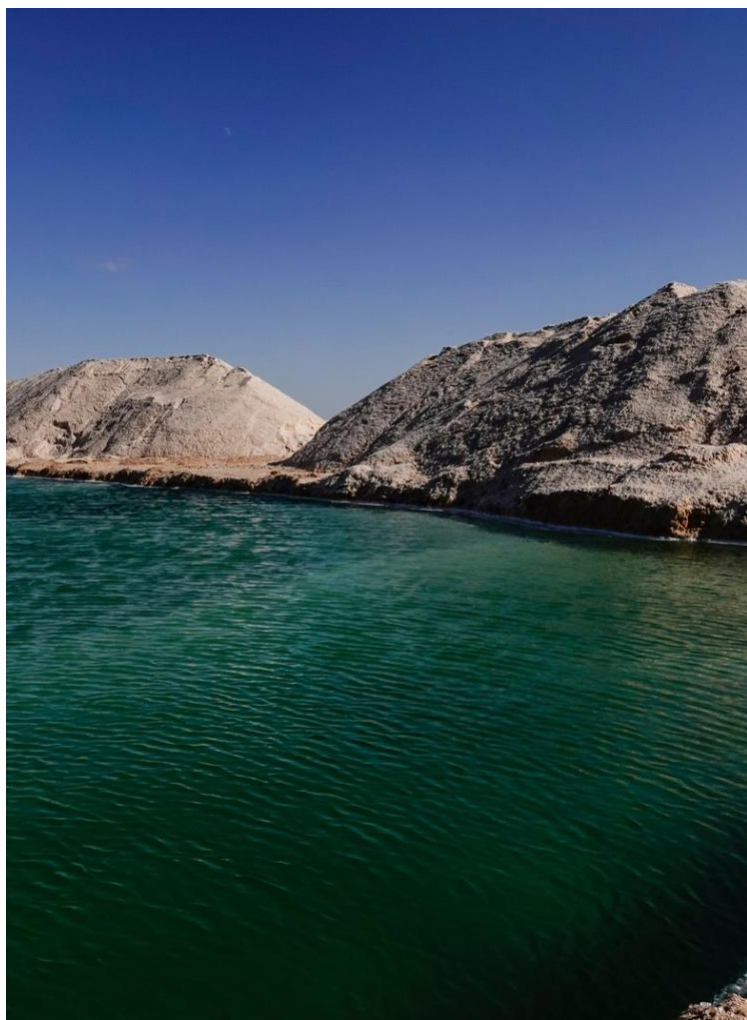
The designations of the pyramids—Khufu, Khafre, and Menkaure—correspond to the kings for whom they were built. The northernmost and oldest pyramid of the group was built for Khufu, and it is the largest of the three. The middle pyramid was built for Khafre, and the southernmost and last pyramid to be built was that of Menkaure. Your guide will tell you the story behind it all.

After the morning visit to the pyramids, you will be driven to a restaurant to enjoy typical vegan Egyptian food.

After lunch, we will go to the Egyptian Museum, the oldest archaeological museum in the Middle East, which houses the largest collection of Pharaonic antiquities in the world. The museum displays an extensive collection, from the Pre-dynastic Period to the Greco-Roman Era. You will gain an overview of Egyptian History.

After the visit to the museum, you will head back to the Hotel to rest. You then have the option to take an Acro-Yoga class (extra cost) or to visit and volunteer at an animal sanctuary.

Movement therapy of the Egyptian goddesses offered in the evening.



DAY 03

A beautiful green lake sits among this ocean of yellow sand. Siwa has more than just breathtaking scenery--it carries a culture of its own.



In the early morning, your private tour guide will pick you up to transfer you to Siwa Oasis (750 K.M / 08 Hours). On the way there, the guide will introduce you to cities you will pass, such as Alexandria and Marsa Matrouh, as well as Siwa Oasis.

After arriving in Siwa, you will be accommodated at one of the top Siwa Oasis Hotels.

Lunch and dinner will be included.

Bedtime yoga and evening guided meditation will follow.



DAY 04

What makes this desert so beautiful is that it hides bodies of water in surprising places.



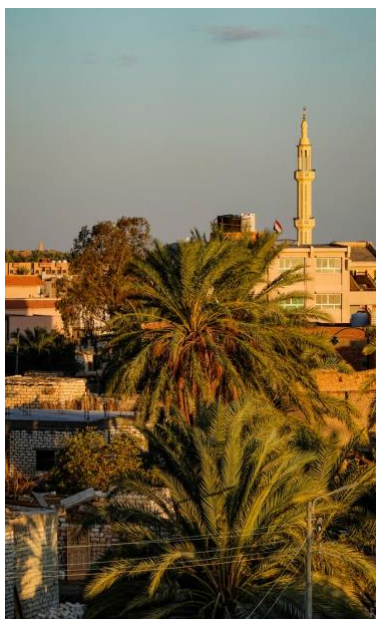
We'll explore ruins
Drive through sand dunes
Swim in crystalline salt lakes
Take art and dance classes





DAY 05

Back to Cairo



Evening fitness and guided meditation

DAY 06

El Gouna was started as one man's search to find the most beautiful spot on the seaside to build a house and small boat jetty.



In the morning, your private tour guide will pick up you from your hotel for a transfer to El-Gouna (450KM / 05 Hours).

El Gouna is the premier Red Sea holiday destination, a self-sufficient town boasting 18 hotels and various activities. It's truly one of a kind.

20 kilometers north of Hurghada, it is part of the Red Sea Riviera, with 10 kilometers of coastline, and consists of 20 islands surrounded by lagoons.

After arriving, there will be time to relax, enjoy the sun and sand of the magnificent Red Sea.

Option to take aerial arts classes (extra cost)



DAY 07

Time wasted at the beach is time well spent.



Revel under the sun in the Red Sea Riviera and enjoy some of the best seaside activities set among gorgeous mountains and crystal clear waters.

Option (extra cost) to take kite surfing classes, salsa or aerial art classes, and/or to get a massage.

Evening bone health class and meditation.

DAY 08

Live in the sunshine, swim the sea, drink the wild air

- Volunteer at an animal sanctuary
- Have tea at the Purrfect Cuppa Cat Café & explore the marina
- Indulge in spa treatments
- Engage in evening yoga and meditation



DAY 09

Survey the cross cultures of the Pharaonic and Greco-Roman eras.



In the early morning, your tour guide will travel with you from Gouna to Abydos temple (350KM / 04Hours).

You'll visit Abydos temple, one of the most important religious sites to ancient Egyptians. Much like modern Muslims hope to complete a pilgrimage to Mecca at least once in their lives, ancient Egyptians would have hopes to visit Abydos, which for them was strongly associated with the entrance into the afterlife.

After the visit, you will transfer to Dendera Temple (100 KM / 01.5 Hour).

Dendera Temple, one of the best-preserved temples in Egypt, is dedicated to the goddess Hathor, depicting the cross culture of the Pharaonic and Greco-Roman periods with unusual carvings different from those of the main temples in Egypt.

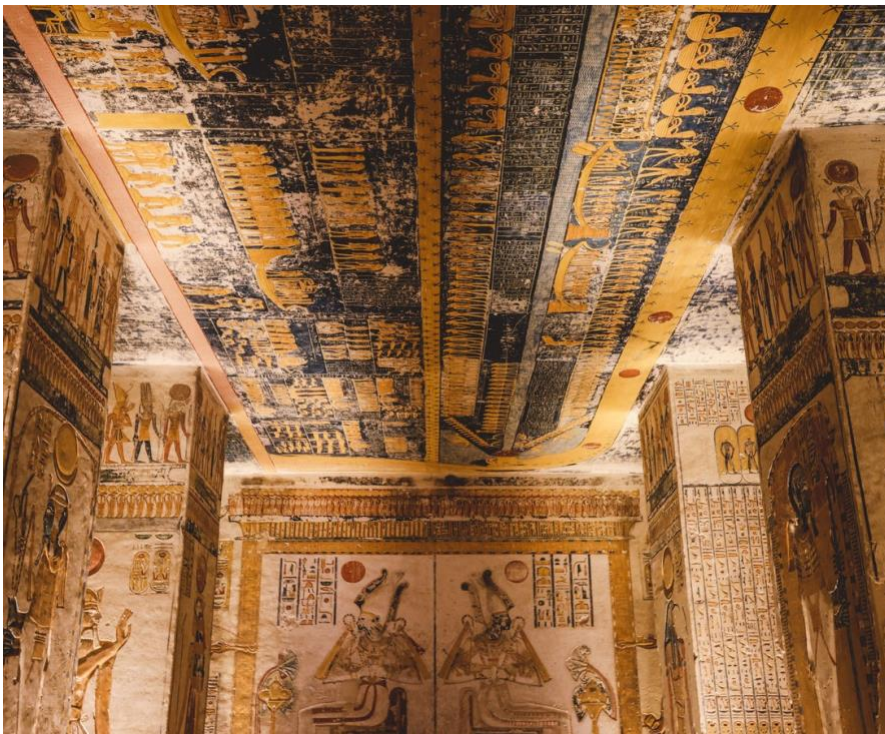
After the visit, you will transfer to Luxor (85 KM / 01 Hour).

Upon arrival in Luxor, you will be taken to your hotel.



DAY 10

Karnak Temple has been dubbed the largest open-air museum in the world. After visiting Karnak Temple on the East Bank of the Nile, you'll explore the Valley of the Kings and Hatshepsut's Temple on the West Bank. These ruins are not to be missed.



In the morning, your tour guide will accompany you to the funerary temples and tombs on the Nile's West Bank. Visit the Valley of the Kings, the Colossi of Memnon and Hatshepsut Temple, dedicated to the most famous powerful queen of Egypt, Queen Hatshepsut.

After visiting the West Bank, you will go to a restaurant for lunch.

After lunch, see the sites on the East Bank of the Nile. Visit the well-preserved temple complexes of Karnak and Luxor. Karnak is the largest temple complex in Egypt, dedicated to the God Amon, his wife, Mut, and their son Khonso.

Discover much of Ancient Egyptian history.

After Visiting Luxor, you will fly back to Cairo and transfer to your hotel.

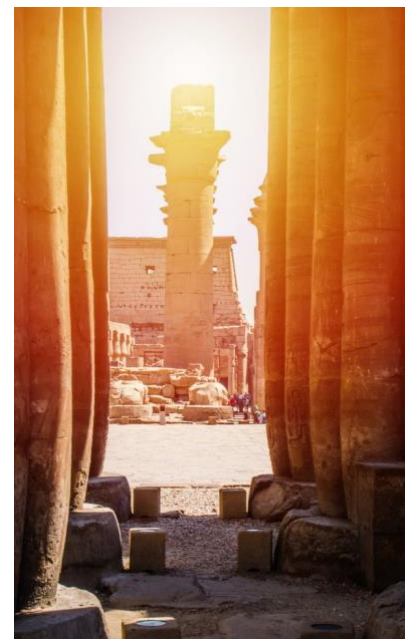
DAY 11

Egypt is full of dreams, mysteries, memories.



According to the time of your flight, our flight coordinator will accompany you to Cairo International Airport for your return home.

We hope to make your trip unforgettable and full of beautiful memories.



TRAVEL FOR THE SOUL

